

# SEPTEMBER MENU

|           | MONDAY                                                           | TUESDAY                                                          | WEDNESDAY                                                         | THURSDAY                                                          | FRIDAY                                                              |
|-----------|------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------|
| BREAKFAST | —                                                                | 1                                                                | Cheerios*, Cheesestick, Bananas, Milk 2                           | Belgian Waffle, Sausage, Mixed Berries, Milk 3                    | Spiced Oatmeal*, Pears, Hardboiled Egg, Milk 4                      |
| LUNCH     | —                                                                | CLOSED                                                           | Beef Slider* W/ Cheese, Corn, Raspberries, Milk                   | Turkey Chili Mac, Cornbread, Green Beans, Blackberries, Milk      | Chicken Strips, French Fries, Green Salad, Mango, Milk              |
| PM SNACK  | —                                                                |                                                                  | Animal Crackers*, Peaches, Water                                  | Apple Slices, Graham Cracker*, Water                              | Pita Bread*, Hummus, Orange Slices, Water                           |
| BREAKFAST | 7                                                                |                                                                  | Sweet Potato Hash, Scrambled Eggs, Honeydew, Milk 9               | Kix Cereal*, Cheesestick, Banana, Milk 10                         | Biscuit & Gravy, Pork Sausage, Applesauce, Milk 11                  |
| LUNCH     | CLOSED                                                           | Pancakes*, Mixed Berries, Sausage Links, Milk 8                  | Pork Loin, 5-way Grain*, Broccoli & Cauliflower, Cantaloupe, Milk | Chicken Alfredo, Caesar Salad, Breadstick, Raspberries, Milk      | Ravioli Bake, Green Salad, Roll*, Mandarin Oranges, Milk            |
| PM SNACK  |                                                                  | Beef Tacos (Shredded Lettuce, Tomato, Cheese, Olives), Tortilla* | Cheeze-Itz, Pears, Water                                          | Scooby Snacks*, Pineapple, Water                                  | Fruit Smoothie, Graham Crackers*, Water                             |
| BREAKFAST |                                                                  | Blueberry Muffin*, Carrot Sticks, Water                          |                                                                   |                                                                   |                                                                     |
| BREAKFAST | Scrambled Eggs, Chicken Apple Sausage Link, Pears, Milk 14       | English Muffin* W/ Sausage & Cheese, Blackberries, Milk 15       | Banana Bread Muffin*, Honeydew, Canadian Bacon, Milk 16           | Hashbrown Casserole, Turkey Sausage, Strawberries, Milk 17        | Overnight Oats*, Cheesestick, Mixed Berries, Milk 18                |
| LUNCH     | Turkey Spaghetti, Garlic Bread, Green Beans, Orange Slices, Milk | Swedish Meatballs W/ Noodles, Mixed Vegetables, Pineapple, Milk  | Kahlua Pork, Rice*, Green Salad, Mango, Milk                      | Chicken Nuggets, Tatertots, Mixed Vegetable Blend, Apricots, Milk | Roasted Chicken Thighs, Wild Rice*, Green Beans, Blackberries, Milk |
| PM SNACK  | Yogurt, Blueberries, Granola*, Water                             | Ritz Crackers*, Cheese Squares, Apple Slices, Water              | Zucchini Slices, Animal Crackers, Water                           | Bagel* W/ Sun Butter, Banana Slices, Water                        | Graham Crackers, Cantaloupe, Apple Juice, Water                     |
| BREAKFAST | Biscuit & Gravy, Pork Sausage, Applesauce, Milk 21               | Toast*, Scrambled Eggs, Peaches, Milk 22                         | Waffles*, Mixed Berry Compote, Chicken Apple Sausage, Milk 23     | Life Cereal*, Turkey Sausage, Banana, Milk 24                     | Pancakes*, Canadian Bacon, Strawberries, Milk 25                    |
| LUNCH     | Orange Chicken, Brown Rice*, Mixed Vegetables, Pineapple, Milk   | Pepperoni English Muffin* Pizza, Corn, Blueberries, Milk         | Turkey Chili, Corn Bread*, Green Beans, Cantaloupe, Milk          | Baked Fish, Wild Rice*, Peas & Carrots, Blackberries, Milk        | Roast Beef, Mashed Potatos & Gravy, Corn, Watermelon, Milk          |
| PM SNACK  | Carrot Sticks, Hummus, Pita Bread, Water                         | Soft Pretzel W/ Cheese, Apple Slices, Water                      | Cucumber Slices, Graham Crackers*, Water                          | Yogurt, Berries, Granola*, Water                                  | Ritz*, Cream Cheese, Carrots, Water                                 |
| BREAKFAST | Spiced Oatmeal*, Sausage Links, Honeydew, Milk 28                | English Muffin*, Scrambled Eggs, Blueberries, Milk 29            | Toast*, Canadian Bacon, Apricots, Milk 30                         | —                                                                 | —                                                                   |
| LUNCH     | Turkey Sloppy Joes*, Green Beans, Raspberries, Milk              | Steak, Mashed Potatoes & Gravy, Corn, Oranges, Milk              | Salmon, Wild Rice*, Broccoli, Cantaloupe, Milk                    | —                                                                 | —                                                                   |
| PM SNACK  | Apple Slices, Sun Butter, Ritz, Water                            | Graham Crackers, Cucumbers, Water                                | Apple Muffins, Pears, Water                                       | —                                                                 | —                                                                   |

BETTY J. TAYLOR EARLY LEARNING ACADEMY