

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Spiced Oatmeal, Turkey Sausage, Pears, Milk	Pumpkin Pancakes, Canadian Bacon, Raspberries, Milk	Yogurt, Granola, Blackberries, Milk	Whole Grain Toast*. Sunnbuter, Sausage Links, Banana, Milk	Cream of Wheat, Chicken Apple Sausage, Orange Slices, Milk
LUNCH	Orange Chicken, Rice, Broccoli, Pineapple, Milk	Turkey Chili, Cornbread, Peaches, Mixed Vegetables, Milk	Baked Chicken Thighs, Brown Rice*, Green Beans, Mandarin Oranaes. Milk	Beef Spaghetti, Corn, Tropical Fruit, Garlic Toast, Milk	Mac and Cheese, Peas ad Carrot, Raspberries, WW Roll, Milk
PM SNACK	Whole Grain Ritz Crackers*, Cucumbers, Water	Graham Crackers*, Carrots, Water	Crackers, Cheese Squares, Apple Slices, Water	Goldfish , Celery Sticks, Water	Pears, Graham Crackers*, Water
BREAKFAST	Whole Wheat Toast*, Sausage Links, Peaches, Milk	Life Cereal*, Banana, Turkey Sausage, Milk	Closed	Hashbrown Casserole, Sausage, Tropical Fruit,Milk	Raisin Bread, Strawberries, Sausage Links, Milk
LUNCH	Teriyaki Chicken, Rice, Broccoli, Pineappple, Milk	Sweet and Sour Turkey Meatballs with noodles, Corn, WW Roll. Blackberries. Milk	Veterans Day	Pulled Pork Sandwich, Coleslaw, Green Beans, Sliced Apples, Milk	Beef Tacos, Shredded Lettuce, Tomato, Cheese, Whole Grain Tortilla*. Mando. Mil
PM SNACK	Carrot Sticks with Ranch, Animal Crackers, Water	Baked Apples, Graham Crackers, Water	---	Whole Grain Ritz*, Mixed Berries, Water	Peachy Oatmeal Bake, Celery Sticks, Water
BREAKFAST	Cream of Wheat, Apricots, Canadian Bacon, Milk	Cheerios*, Hard Boiled Eggs, Banana, Milk	Biscuit and Gravy, Sausage Patty, Honeydew, Milk	Yogurt, Granola, Pears, Milk	Scrambled Eggs, WW Toast*, Mixed Fruit, Milk
LUNCH	Beef Stew, Green Beans, WW Roll*, Cantaloupe, Milk	Sloppy Joes, Peas, Mixed Berries, Milk	Cheeseburger Slider, French Fries, Corn, Strawberries, Milk	Tuna Fish Sandwich*, Pickles, Carrot, Blackberries	Baked Fish, Wild Rice*, Sweet Potatoes, Oranges, Milk
PM SNACK	Scooby Snacks, Blueberries, Water	Cinnamon Aplpesauce, Pumpkin Muffins, Water	WW Bagel* with Cream Cheese, Peaches,Water	Gold fish, Cheese Stick, Water	Graham Crackers*, Banana, Water
BREAKFAST	WW English Muffin*, Canadian Bacon, Banana, Milk	Yogurt, Granola*, Strawberries, Milk	Sweet Potato Hash with Ground Sausage, WW Toast, Blackberries. Milk	Closed	Closed
LUNCH	Cheese Pizza, Pears, Celery Sticks with Ranch, Milk	Fish Burger, French Fries, Cantaloupe, Milk	Chicken Sliders with Cheese, Tater Tots, Honeydew,Milk	Gratitude Day	Tulalip Day
PM SNACK	Bug Bites Graham Crackers, Peaches, Water	Carrot sticks, Apple Slices, Water	Apple Muffins, Zucchini, Water	---	---
BREAKFAST	French Toast, Hard Boiled Eggs, Orange Slices, Milk	---	---	---	---
LUNCH	Beef Pot Roast with Carrot, Celery, Onion, Potatoes, Green Salad. WW Roll*. Pears. Milk	---	---	---	---
PM SNACK	Cottage Cheese, Tropical Fruit, Crackers, Water	---	---	---	---



NOVEMBER

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